



Carrie Fisher, BS, LMT is a licensed massage therapist for over 25 years, yet her love and passion is CranioSacral Therapy (CST). Carrie started her CST studies in 1990 and over a fifteen year time span co-treated with Dr. John Upledger, DO, CranioSacral Therapy Founder, at the renowned Upledger Institute Clinic (UI) in Palm Beach Gardens, FL.

In 1995, she began working as a Visiting Therapist in The Brain and Spinal Cord Dysfunction Center on a regular basis. Carrie participated in special projects at UI including the Vietnam Vet Program for PTSD, the Dolphin Assisted Therapy Program and was one of the therapists assigned to work on the Egyptian Conjoined Twins prior to their successful separation surgery.

Carrie holds a Bachelor's Degree in Alternative Medicine and is an Upledger Certified Presenter of the Overview and Introduction to CranioSacral Therapy Workshops for continuing education credits, providing one and two day workshops and speaking engagements locally and nationally. She is certified in Bach Flower Essences, Pregnancy Massage and NeuroMuscular Therapy. She is a member of the Palm Beach State Massage Therapy Program Business Partnership Council and the Program Advisory Committee at Everglades University.

Carrie is committed to sharing information about CranioSacral Therapy in a clear and simple manner. She is committed to supporting each person's individual healing process, be it emotional, physical, spiritual or a combination thereof. She is passionate about resolving the core issue of physical and emotional trauma rather than chasing symptoms. Carrie is a highly skilled and finely tuned intuit in full command of the tools and teachings of her art. She uses her abilities with a balance between sensitive skill and emotional resonance to initiate and facilitate true and profound healing. Give her an hour... she'll give you bliss.

Carrie's office location is in the Medical Aesthetics Center at Women's Healthcare Associates in Boca Raton, Florida and she can be reached at 561-289-2080.